

**Piedmont Stone Center, PLLC**

**Weight Loss/Diabetes Medications**

Hold for 4 days prior to ESL:

Phentermine, Lomaira, Adipex-P, Fastin, Qsymia

(Example : Last dose Sunday, treat on Thursday)

**GLP-1 Guidelines**

Please note, if you are taking any of these medications for diabetes or weight loss, you must follow the directions listed below. Failure to stop these medications for the appropriate time will result in cancellation and rescheduling of your procedure.

Daily Meds: Hold the day before and day of ESL

Exenatide (Byetta)

Liraglutide (Victoza, Saxenda, Xultophy, Soliqua)

Lixisenatide (Adlyxin)

Semaglutide Oral (Rybelsus)

Weekly Meds: Hold 7 days prior to ESL

Dulaglutide (Trulicity)

Exenatide ER (Bydureon BCise)

Semaglutide (Ozempic)(Wegovy)

Tirzepatide (Mounjaro) (Zepbound)

Retatrutide